

In Great Britain, you are able to purchase
Two types of Record Books -

- Award Books:
Certificate included in the cost.
Pin Badge and Cloth Badge are available to purchase separately
- Optional Award Books:
You purchase for a minimum cost. When you reach the award level, you may opt to buy the Certificate, Pin Badge and Cloth Badge or a combination of all three

In addition, the BWF produces free Insert Cards that can be used to collect initial stamps or Permanent Trail Stamps when the trail is administered by post. Insert Cards are recognised by all IVV member countries. Insert cards can only be redeemed when accompanied by a book that you have purchased.

ABOUT US

Occasionally BWF offer challenges which encourage us to walk in different areas of the country collecting stamps but more importantly seeing different aspects of our countryside.

BWF has 16 member clubs operating around the country.

All our walks offer a route description with the option to walk as a part of a group of friends, with your own families or on your own.

Individual Membership of the BWF is £10.00 per year or Family Membership covering 2 adults and 2 children is £12.00. It is also possible to join as a member of your local club; membership arrangements differ by club. The BWF welcomes all walkers to walk with us at their leisure with or without membership. Membership forms are available at <https://www.bwf-ivv.org.uk/membership/>

Or by post at the following address; or email membership@bwf-ivv.org.uk
Geoff Bullock - BWF Membership
11A Budes Road, Wokingham RG40 1PL.

FURTHER INFORMATION FROM:

WEBSITE www.bwf-ivv.org.uk

Email: info@bwf-ivv.org.uk



BRITISH WALKING FEDERATION 'ABOUT US'



THE BRITISH WALKING FEDERATION (BWF)

Walking has proven health benefits and the BWF and their member clubs offer a variety of walks - from local series walks normally held evenings and weekends through to Permanent Trails, Long/Medium Distance Walks and registered National Trails which are available year round. BWF also have links to International Walks in 41 member countries with International Federation of Popular Sports (IVV).

You can make new friends & catch up with old ones at organised walks, choose your distance and walk with people or alone, whatever your preference. Enjoy the pleasures of the countryside but what better than a town walk in winter?

A town walk is a great way to see the sights following a walk route written by a fellow walker.

THE IVV ORGANISATION

The BWF (British Walking Federation) is a member of IVV—International



Federation of Popular Sports, which gives us access to organised walks around the world.

BWF are a non competitive organisation but believe in the value of walking to aid fitness, stay healthy, meet new friends, and enjoy the Sights, Scenery, Countryside and Wildlife.

The IVV operates an award scheme, which all member organisations can participate. The aim to provide participants with proof of their own personal achievements.

Each event registered with any member organisation of the IVV is issued with a unique stamp for insertion into IVV Record Book. Stamps can be gained by participating in IVV main or series events, Permanent Trails, Long/Medium Distance Walks and National Trails.

THE IVV AWARD STAMP



The IVV award stamp is awarded for all registered events. The image is of the stamp for a Permanent Trail (PT).

Multi daily events that offer different routes for each day will have a different stamp for each day. Stamps can be earned for both event and distance completed.

Stamps are accumulated to gain awards. Awards are gained at various Events and Distance Multiples. For instance Events start at 10 events and Distance starts at 500km.

RECORD BOOKS

To participate in the IVV award scheme, it is necessary to purchase an IVV Record Book, either Event or Distance (or Both). The purchase of record books entitles the holder to obtain a Certificate, Pin Badge and Embroidered Cloth Badge upon completing the set number of Events or Distances. Record books from any member country worldwide are recognised by all other member countries to obtain Award Stamps. This means if you go abroad, you do not need to purchase books for the country you are visiting.