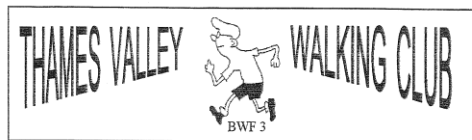


TAVISTOCK TRAIL (PT150)



- CONTACT:** Di Renton – 10 Fernside Park, Tremar, Coombe, Liskeard, Cornwall, PL14 5HY
Telephone – 01579 344281 E-mail – k9r@btinternet.com
- DISTANCE:** 15km
- ENTRY FEE:** £1.00 per walker (Cheques made payable to Thames Valley Walking Club)
- AWARD:** Cloth badge at £2.50 each
- START VENUE:** Bedford Square, Tavistock, Devon. (Map 201 GR: SX 482745)
- DIRECTIONS:** Take A386 from A30 near Okehampton or A386 from Plymouth to reach Tavistock. Bedford Square can be found next to the Town Hall, Police Station and Market.
- CAR PARKING:** Within 500m of the start.
- TRANSPORT:** Bus service within 1km of start.
- FACILITIES:** There are a couple of pubs along the route.
- TERRAIN:** Urban areas, minor roads, and woods.

The organisers are not liable for accidents, thefts and/or damage to property. Every effort will be made by the organisers to make this a safe, enjoyable and memorable event.

ROUTE DESCRIPTION

(Updated 31st March 2025)

PLEASE REMEMBER TO TAKE GREAT CARE ON ALL ROAD SECTIONS OF THIS TRAIL

Leave Bedford Square and take Plymouth Road opposite, passing Bedford Hotel on left. Just after passing tennis courts, turn left through lych-gate onto Rose Walk.

Straight on over footbridge, turn right and follow with canal on right. Just before bridge, turn left to junction. Turn right, through underpass and up bank onto canal towpath. Turn left, canal still on right. Follow to wooden bridge on right and bear left through gap in hedge.

Ahead following fence around school. At road cross over and go ahead on path. In about 90m you come to a cycle network marker post on the left.

Question 1: On the left finger what is written below Tavistock Town Centre?

Continue ahead to cross bridge over River Tavy to road. Turn right passing Atlas House on left. Follow lane eventually passing "dead end" sign & bearing left at fork (approx 900m, signed 'Walreddon'). In about 1.1km you will pass Higher Walreddon Farm on the left.

Question 2: On the farm gate a sign states free range what?

Continue ahead uphill to reach a cattlegrid at the end of the road.

Cross the cattlegrid and continue ahead on track signed bridleway, downhill & at fork, bear left (signed bridleway). Follow track and by house on right, bear right on track down to river. Follow track keeping river on right for approx. 1,400m to reach wooden gate.

Go through gate and follow between fences, to reach driveway, bear left to lane. Turn right, cross bridge, turn left to follow footpath, keeping river on left for approx. 650m to Tall bridge. Go under bridge and turn right, follow zig-zag path through two gates, up steps and through gate to cycle track. Turn right on cycle track to cross bridge.

Follow track over wooden bridge. As the track bends to the left there is an area on the right with a notice board and a stone plinth with a plaque on it.

Question 3: What is buried under the plinth?

Continue on the track to tunnel (approx. 800m), through tunnel to reach road (approx. 1200m). Cross over Buzzard Road, turn right, follow footpath, then road under arched bridge to crossroads. Go straight ahead, **WITH CARE**, into Church Hill. Pass the Whitchurch Inn (dog friendly) and continue on road to reach cattle grid. Cross cattle grid and at corner of wall on left, head onto track left of bench. Follow to the top of the hill and mound with building on it. Ahead to a horse trough.

Question 4: On the left hand side of the trough is a sign. What is prohibited?

From the trough bear left towards corner of wall (near white gate) and follow as the wall turns right downhill for approx 480m to reach a kissing gate in the bottom corner.

Go through gate to road, turn left and continue downhill to reach t-junction. Turn left & follow road to reach public house. Turn right in front of The Market Inn, under bridge. Use the pedestrian crossing to cross the road and turn left.

Immediately, before cottage on right, turn right through metal gate, sign posted 'Meadowlands Pool'. Continue ahead over bridge and turn right to follow wide path with the river on your right. Continue for approx 460m to reach main road at Abbey Bridge. Turn left to return to Bedford Square and the end of the walk.

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To claim your IVV stamp, please use the 'Permanent Trail Completion & IVV Stamp Claim Form' which is downloadable from the BWF website and send with your record books to the walk contact.