PLYM VALLEY TRAIL $(\mathbf{PT225})$



CONTACT:	Di Renton – 10 Fernside Park, Tremar, Coombe, Liskeard, Cornwall, PL14 5HY Telephone – 01579 344281 E-mail – k9r@btinternet.com
DISTANCE:	12km
ENTRY FEE:	\pounds 1.00 per walker (Cheques made payable to Thames Valley Walking Club)
AWARD:	There is currently no award for this walk.
START VENUE:	Shaugh Bridge Car Park (also known as Dewerstone Car Park).
DIRECTIONS:	Nearest Postcode PL7 5HE
CAR PARKING:	At start - Free parking. No Cafe or Toilets.
TRANSPORT:	Citybus Route 59 stops at the car park entrance.
FACILITIES:	Public house The Royal Oak in Meavy at the halfway point.
TERRAIN:	Rural areas, minor roads, wood, and moorland.

The organisers are not liable for accidents, thefts and/or damage to property. Every effort will be made by the organisers to make this a safe, enjoyable and memorable event.

ROUTE DESCRIPTION (Updated 5th March 2025)

PLEASE REMEMBER TO TAKE GREAT CARE ON ALL ROAD SECTIONS OF THIS TRAIL

Exit car park and turn left on the road uphill for about 100m. At fingerpost for Cadover Bridge (opposite ENDOMOOR sign on house gate) turn left onto the footpath and follow through the woods to a kissing gate.

Continue uphill following path to edge of wood and continue uphill with fence on right to reach a kissing gate at corner of the woods. Do not go through the gate but turn left into the woods uphill to reach a gate in fence with a finger post. From the gate go slightly left & uphill to path with broken pipe showing through, with river some way down slope to left. Follow path with pipe for approximately 700m to reach a stile.

Q.1 What is the name of wood on National Trust sign?

Continue ahead to reach a small footbridge over a stream. Ahead to gate and take the higher path to another gate (broken pipe still showing in places). Continue to go through gap in a low wall and on to reach a car park at Cadover Bridge. Go through car park to road and turn left to cross over road bridge.

Q2 Ahead is a stone plaque what is the name of the Parish?

Take the track on the left & bear right go up hill around the back of the house to reach a car park, go left passing the fishing lakes on your right.

Follow the ditch above the lakes. At the end of the ditch turn right on track to reach the road at a bend. Turn right on the road and in approx 130m where the road bends sharply to the right go left on minor road. Follow for approx 1.5km. The road turns sharp right and descends quite steeply to reach the Marchants Cross on your right.

Continue down hill, turn left to ford river Meavy using stepping stones or follow the road around to far bank. Go uphill to junction. Turn left into Meavy.

Q.3 On your left is a school, on the wall is a plaque who laid this stone ?`

Continue ahead passing The Royal Oak (dog friendly) & village green on right. Take the first left at the end of village over river Meavy, follow road up hill. Straight over cross roads, over brow of hill & down steep hill on other side passing the Chapel on the right.

At the bottom of the hill (Hoo Meavy Cotts) turn right and follow road over the river Meavy. At the end of the bridge turn left onto footpath and follow the river bank for 160m to reach a kissing gate. Continue with the river bank on your left crossing 3 stiles to reach road. Turn left, cross bridge and turn right through a kissing gate onto wide path. In about 650m you reach the Adventure Centre.

Just past the centre bear right at Devon Way Marker on wooden fence and follow the path as it descends towards the river and in approx 700m reach a wooden footbridge. Cross the bridge and follow the path back to the car park and the end of the walk.

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To claim your IVV stamp, please use the 'Permanent Trail Completion & IVV Stamp Claim Form' which is downloadable from the BWF website and send with your record books to the walk contact.