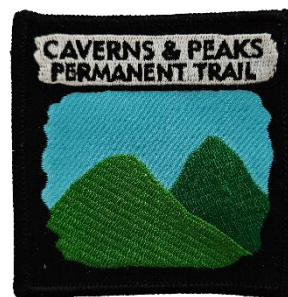




# British Walking Federation

## PT137 CAVERNS AND PEAKS



**ORGANISED BY THE BWF NATIONAL COMMITTEE**

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**DISTANCE:** 13km

**ENTRY FEE:** £2.00 per walker (Cheques payable to the British Walking Federation)

**AWARD:** Cloth Badge at £2.50 each

**START VENUE:** Village Car Park, Buxton Road, Castleton, Derbyshire. S33 8WN. Adjacent to the National Park Visitor Centre Castleton. Access off the mini roundabout on the A6187.

**OS MAP:** 11 **GR:** SK148830

**SAT NAV:** S33 8WN

**what3words** ///haven.hammocks.zest

**CAR PARKING:** At the start venue (charges apply). There is on-road parking along the road past Peak Cavern – charges apply Weekends and Bank Holidays but free Monday to Friday. (From the village car park, turn right at the roundabout and you will see marked parking bays at the roadside). National Trust members may wish to use the Mam Nick car park, just below Mam Tor and walk up the signed path joining the route at POINT B, immediately prior to Q2.

**PUBLIC TRANSPORT:** There is a regular bus service to and from Sheffield. The nearest rail station to Castleton is Hope (Derbyshire) Station which is 2½ miles to the east of Castleton. The route passes through Hope, start the route at the Parish of St Peter in Hope Church/Pindale Road. Marked POINT A

**TERRAIN:** Minor roads, farmland and moorland.

**REFRESHMENTS:** At the start and also available at cafes and pubs in both Castleton and Hope (Hope is approx. 10km into the route)

**TOILETS:** At the start and also available at cafes and pubs in both Castleton and Hope (Hope is approx. 10km into the route)

### **ROUTE DESCRIPTION (Updated 27<sup>th</sup> July 2025)**

From car park, cross the road and follow footpath signposted Peak Cavern (between café and jewelers), the footpath follows the river on your right. At lane, turn right over stone road bridge and uphill (Goosehill), at end of lane, signposted Speedwell Cavern, continue on track. Through gate and continue ahead on path with wall on right to gate. Pass through next gate and ahead to reach gate and road. Cross road **WITH CARE**, into Speedwell Cavern car park and turn left uphill through car park towards information board (fallen over) by small gate.

### **Q1. On the information board, what dates are given for The Coral Reefs?**

Go through small gate, pass National Trust Winnats Pass sign and continue ahead on verge. In approx. 200m, note the plaque on the ground to the right of the bolder, commemorating the Ramblers/National Parks 2000. Continue climbing uphill parallel to road. Just before the cattle grid at the top of Winnats Pass, go through the gate and straight on to pass farm buildings on your left. Follow the path keeping the farm on your left going through small gates to reach road. Cross road, **WITH CARE**, through gate opposite and take the right-hand fork – National Trust Windy Knoll. At stone track, turn right to gate and road. Cross road, **WITH CARE**, and go through gate opposite to follow path uphill to gate. Proceed up steps and at top, turn right through gate [POINT B] onto paved path signposted Mam Tor Hillfort.

### **Q2. When was Mam Tor Hillfort first inhabited?**

Continue on the paved path/steps and climb up to the top of Mam Tor. The steep climb deserves the views offered at the Triangulation Pillar!

Continue ahead on the paved path along ridge path for approx. 1.4km passing through 2 gates to reach a Ramblers memorial.

### **Q3. Who is the memorial in memory of?**

Continue in the same direction for approx. 1km following the ridge path and passing through one gate along the way. About 100m before the woods, turn left through the gate by Peak and Northern Footpaths Society- Footpath No. 372 sign and turn right up steep stone steps/path with fence on right to continue through gate at National Trust Losehill Park sign to the top of Back Tor. Continue ahead maintaining same direction through gate and up stone steps to reach the stone compass plinth.

### **Q4. Which moor is roughly due South (S)?**

Continue on paved step/path downhill to go through gate. Bear Right and in 70m go through another gate and immediately turn left downhill following path as it passes trees, follow signpost straight on to Hope (not right signpost to Hope/Castleton) to reach metal gate. Pass cottage on right to wooden gate. Through gate and turn immediately right to a wooden gate, through this and down steps and continue ahead in field with wall on right, at end of wall (footpath arrows) veer left to go through gate to the right of barn. Straight on with wall on left then fence to cross stile and bridge on left. Go slightly right to cross stile by larger tree, then ahead with fence on right, through gate/gap, then ahead to cross stile (by Footpath 93 sign). Straight ahead to kissing gate and follow path round the field to small wooden gate. Turn left through next small wooden gate and ahead along enclosed wide path (as indicated by Public Footpath marker post) to go through gate ahead onto narrow enclosed path to small gate at outbuildings. (Note the memorial plaque on the gateway). Go ahead between buildings and along driveway to small wooden gate directly in front where drive bends left. Pass through small wooden gate and cross field then through another wooden gate to railway bridge.

### **Q5. How many persons allowed on the bridge at any one time?**

Cross railway bridge and through gate. Through field and keeping to the right of the stone posts and fence to go through small gate then second gate, veer left to metal gate and stone squeeze stile and enclosed path. Through gate and squeeze stile then a small gate by fingerpost, keep ahead following field edge footpath (*the "arm" of the signpost saying Hope which is where you are going is missing- it is the opposite direction to the Lose Hill "arm"*). Continue to reach gate to road, turn left, passing Hope Primary School. Turn right at T junction to main road, opposite the Parish of St Peter in Hope church [POINT A]. Cross road and turn right on pavement with churchyard on left. Turn left into Pindale Road, churchyard still on your left. Continue along road, over bridge and uphill until you reach the green bench and public footpath no.36 sign (opposite side of road from where the gravel path ends).

**Q6. On the Footpath No 36 sign - what dates are mentioned on this sign?**

Follow footpath no 36 for approx. 1.5km on clear path with numerous gates/stiles, initially with stream/river on your right. After crossing the railway track, path continues in same direction across fields and wall stiles. After approx. 1.5km you will pass by a broken wall, bear right and follow the path adjacent to the stream/river again and then pass through a small wooden gate by finger post and ahead on path then lane. Follow lane with houses to reach road. Turn left along road, this is the main street through Castleton. Continue through the village to return to the visitor's centre and car park.

When you have completed this trail please use the [Permanent Trail Entry Form](#)

The organisers are not liable for accidents, thefts and/or damage to property. Every effort will be made by the organisers to make this a safe, enjoyable and memorable event.

All Permanent Trails Registered with BWF