



British Walking Federation
Hengistbury Head Walk organised by Yeovil Yompers
Permanent Trail 332



CONTACT: Anna Stares, 22, Uplands Road, West Moors, Ferndown BH22 0BB
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DISTANCE: 11Km

GRADE: 2+(A short steep climb and a fair bit of walking on sand)

ENTRY FEE: By cheque £1.50 per walker, cash £1.

AWARD: None

STAMP: By post to contact, made payable to [Anna Stares](#) or cash in person in Yeovil by prior arrangement or any walk that the organiser attends..

START and FINISH VENUE: Warren Edge Car Park, Southbourne Coast Road, Southbourne,(pay and display). **Free roadside parking nearby.** Map: OS LR 195 GR SZ146911

SAT NAV CODE: BH6 4BE

PUBLIC CONVENIENCES: At Mudeford Spit and Riverside car park at Tuckton.

REFRESHMENTS: A number of locations at Southbourne and Tuckton (some are seasonal). The cafe at Mudeford Spit, passed en route is currently open all year.

ROUTE DESCRIPTION Updated 29th July 2022 (contact details updated 28/9/25)

Exit car park and turn right (easterly direction). After approx. 600m, turn right into Dalmeny Road (very short section). After the left hand bend into Southbourne Coast Road take the signed track (blue sign) onto a sandy path. Past car park on left and straight on to a boardwalk.

Q1 At the first blue information board on left, by a metal gate (Whitepits) what amphibian is described?

At the end of the sand dunes continue straight on to tarmac path with fence on left. Continue straight on to ascend Warren Hill. Keep on the main path, past the trig. Point on left to the old Coastguard Station (now Coastwatch).

Q2 On the door of the Coastwatch Station, what is the “What3words” location listed?

Continue straight on and turn right at the path junction down to Quarry Pond on tarmac path. Continue straight on to the end of the headland where there are fine views.

Q3 How many beach huts are carved into the rear of the right hand bench in front of you?

Follow the path round to the left and descend steps down to the beach, Keep to the right of the beach huts and continue straight on.

Q4 What is pictured above the sign of beach hut number 275?

Continue straight on and approx. 1km after joining the beach, turn left after the Lifeguard Hut onto a gravel path. Keep to the right of the Black House.

Q5 At Black House Holiday Apartments, what kind of knot is on the door?

Continue straight on the harbour side of the beach huts, passing the Beach House Cafe on the left and the ferry pontoon on the right. Turn right before the land train stop with the Nature Reserve ahead, cross the bridge onto the beach and after approx. 400m take the track on the left between 2 wooden benches.

Through the gate, past the information boards and through a further gate where a track joins from the left*. (If the nature reserve is too muddy or impassable due to the tides return to the land train stop and turn right and right again to follow the path before the steps and rejoin at *).

Turn right on track towards the Visitor Centre in approx. 600m. Just before the Visitor Centre take the diagonal path opposite through gorse. Cross the tarmac track and go through the small gate (not the 5 bar gate), diagonally right and continue straight on via another gate.

After approx. 500m, take the bridge signposted "Stour Valley Way". Continue straight on via a gate and paddock, keeping to the right hand edge. In approx. 120m turn right, then path bends to the left, go through gate. Continue to follow path past buildings to gravel track and river. Through the recreation ground and continue straight on with river on right until you reach the tea rooms (clock on building).

Just before the tea rooms turn left and up the slope to road. Cross the busy road, turn right to the roundabout and then turn left signposted "Beaches and Solent Meads Golf Course". After approx. 600m turn left into St Catherines' Road. Follow road for about 500m, cross Church Road then turn left into Sea Road leading to Southbourne Coast Road and the car park and the finish.

Yeovil Yompers hope you have enjoyed your walk, please come again!

When you have completed this trail please use the Permanent Trail Entry Form.

The organisers are not liable for accidents, thefts and/or damage to property. Every effort will be made by the organisers to make this a safe, enjoyable and memorable event.

Don't forget other Trails organised by Yeovil Yompers

Holywell PT210

Langport & Huish PT227

Mere and White Sheet Hill PT330

Porlock Plod PT331

LlanfairPG PT333

Blyth Beach to Seaton Sluice Stroll PT336

Sherborne PT345

