

## RULES & GUIDELINES



## SHORT DISTANCE WALKING HOLIDAYS

- Provide a walk on at least 60% of the days that they will be in the UK or Ireland, these can be Walking Holiday events, scheduled events or Permanent Trails
- Walks must be a minimum of 5km and a maximum of 15km
- Walks may be led by a responsible member of the organising group or walkers may be provided with a written route description
- Venues and proposed distances must be agreed at least 4 weeks prior to the start of the Holiday
- All fees must be paid before any stamps will be dispatched to the address provided
- A separate IVV stamp will be supplied for each walk.

- Provide a walk on at least 60% of the days that they will be in the UK or Ireland, these can be Walking Holiday events, scheduled events or Permanent Trails
- Walks must be at least 10km and not more than 30km in length. A separate distance of between 5km & 10 km is desirable.
- Walks between 10 & 30km must be led by a guide familiar with the area, however walkers on a distance between 5 & 10km can either be led by a guide or supplied with a written route description.
- The guide must ensure that the speed of the walk suits the slowest walker. If necessary, then a number of walk groups may be arranged to cope with the varied abilities of individual walkers. Each group must have a separate guide.
- Venues and proposed distances must be agreed at least 4 weeks prior to the start of the Holiday
- All fees must be paid before any stamps will be dispatched to the address provided
- A separate IVV stamp will be supplied for each walk.

**Email:** [walking-holidays@bwf-ivv.org.uk](mailto:walking-holidays@bwf-ivv.org.uk)

IBAN: GB72 NWBK 6072 0640 5006 08

## WALKING HOLIDAYS APPLICATION FORM

<b>Group name</b>							
<b>Contact</b>							
<b>Address</b>							
<b>Tel no</b>							
<b>E-mail</b>							
<b>Address to which stamps will be sent</b>							
<b>Holiday start date</b>			<b>Holiday end date</b>			<b>No of days</b>	
<b>No of days walking</b>	<b>WH events</b>			<b>BWF events</b>			
<b>TOTAL PAYMENT</b>	£	€	<b>PAYMENT</b>	<b>Cheque</b>	<b>Yes No</b>	<b>Bank Transfer</b>	<b>Yes No</b>

### WALKING HOLIDAYS DAYS REQUESTED

	Venue/Area	Km (Approx)
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		

Please send completed forms to the address below with payment or details of bank transfer  
 Post: BWF Walking Holidays, 11 St Ives Close, Macclesfield, Cheshire SK10 3JX  
 Email: [walking-holidays@bwf-ivv.org.uk](mailto:walking-holidays@bwf-ivv.org.uk)

**The data provided on this form will be used for the purposes of providing the services requested and no other purposes. The data will be retained by the BWF until the Annual General Meeting following the year that the application refers to and then securely destroyed.**