



British Walking Federation

PT215 YORK CITY & RIVER TRAIL



ORGANISED BY THE BWF NATIONAL COMMITTEE

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DISTANCE: 10km

ENTRY FEE: £2.00 per walker (Cheques payable to the British Walking Federation)

AWARD: Cloth Badge at £2.50 each

START VENUE: Union Terrace Car & Coach Park, York

OS MAP: 290 **GR:** SE604526

SAT NAV: YO31 7WS

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CAR PARKING: At the start and various other car parks in the city (charges apply). Alternatively use the Park and Ride Schemes which are much cheaper (free parking, bus fares apply). Get off the bus at York Railway Station and follow the directions for arriving by rail

PUBLIC TRANSPORT: On arrival at York mainline Railway Station, leave the front entrance and see the City Walls immediately in front of you. Turn left and follow the road to enter the walled city, keep the walls on your left to reach the river Ouse at Lendal Bridge and join the route here (#).

TERRAIN: Urban area. Not suitable for wheelchairs or pushchair due to frequent steps to access the city walls. **Dogs are not allowed on the City Walls. The City Walls are closed after dark and may be closed for repair or adverse weather conditions without notice. It is possible to continue the route by following the roads on the outside of the walls**

REFRESHMENTS: As York is a tourist orientated City; there are ample places to purchase a wide variety of food and drink

ROUTE DESCRIPTION (Updated 3rd July 2023)

Leave From car/coach park turn right and cross road at pedestrian crossing. Cross Lord Mayors Walk using pedestrian crossing and turn left along Lord Mayors Walk, with City Walls on right. (1*) Continue to reach Monkgate Bar, turn right and enter the city via Monk Bar. (2*) Continue forward along Goodramgate passing Snickleway Inn on left to reach Kings Square. Bear left then right across King's Square to go down the Shambles. (3*) At the end of the Shambles, turn left into Pavement, turn right into Fossgate continue ahead over river.

Q1- On bridge, what is the No on right hand lantern? [There may be some issues with this question as of December 2025. It will be updated in due course.]

Continue onto Walmgate passing St Denys church on right, and immediately after the Yemen Heaven cafe and restaurant turn left on Paver Lane, at end turn right into Percy's Lane, turn left into Navigation Road and continue to reach main road. At main road turn right and in 50m turn right again at the Red Tower. Go round tower and climb steps onto City Walls. Go along walls and descend again at Walmgate Bar, (4*) cross Walmgate with care, then exit the walled city and cross main road at pelican crossing and traffic lights. Turn right along Barbican Road, pass Regency Building also known as Sky Blue Chinese Restaurant then bear left and immediately turn left into Barbican Mews. Follow pathway bearing left and then turn sharp right on path before bungalows, and through bollards to reach Heslington Road. Cross Heslington Road and turn left.

Q2 - What is the name of the large building belonging to the University of York immediately before reaching No.103?

After No 103, turn right and go through a small grey gate. Keep forward to go through another larger gate and follow dirt path downhill keeping wall and railings over on your left. At junction with tarmac path, turn right on main tarmac path to go through a green gate/grid, and then turn sharp right. You are now enclosed in security fencing as the path goes through Imphal Barracks. Keep forward to reach Fulford Road. Turn left and cross the road at the pedestrian crossing, turn left and then turn right into Maple Grove. At end keep forward to reach the Millennium Bridge. (5*) Do not cross bridge but turn right just before and follow the path with river on your left. You will eventually pass Pikeing Well.

Q3 - What year was the well house built?

Continue straight on through black gates and turn left onto blue bridge. Ignore the steps at the end and turn right then straight on to go under Skeldergate Bridge. Follow river to next bridge(Ouse Bridge). Climb steps to road level, cross road with care and then cross bridge. At end of bridge turn right to return to riverside, with river now on the right. Follow river to next bridge, turn left to traffic lights, turn right to cross road towards City Walls then turn right to cross Lendal Bridge (#). Continue forward to reach entrance to Museum Gardens. Turn left into gardens.

Q4 – How many lanterns are on the gate posts at entrance?

At V-junction bear right and at next V-junction bear left. Keep forward to exit gardens at gated archway. Turn right along Marygate and at end turn right into Bootham. Go along Bootham to reach pedestrian crossing and cross to re-enter the walled city at Bootham Bar. (6*) Go through archway, keep ahead and at crossroads bear left to keep York Minster on left. (7*) At statue of Constantine bear left on path and at end turn right into College Street to reach junction with Goodramgate. Turn left along Goodramgate to leave the walled city by Monk Bar. Turn left and at the end of the road turn right to return to the Car/Coach Park and the end of the walk.

Points of Interest about York

1* CITY WALLS - The first wall was a simple earth and wood stockade built by the Romans to surround their early fort. The Ninth Legion added stone walls in the 2nd Century, The present wall dates from the 13th Century and stands on an earth rampart built by the Anglo-Danish Kings of York and later enlarged by the Normans. The walls have been extensively restored in the last two centuries.

2* MONK BAR - The loftiest and strongest of York's medieval gateways, Monk Bar was erected in about 1330 to replace a previous city entrance on the site of an original Roman Gate

3* THE SHAMBLES - One of the best preserved medieval streets in Europe. Formerly 'Fleshammels' - the street of butchers

4* WALMGATE BAR - A little out of the main centre of York, Walmgate Bar is the only city gate to retain its outer defensive barbican. It is basically a 12th century structure

5* MILLENNIUM BRIDGE - The Millennium Bridge was opened on 10 April 2001, having cost £4.2m to build. It spans the River Ouse to the south of York, linking Hospital Fields Road and Maple Grove in Fulford with Butcher Terrace on the South Bank. The bridge carries a footpath and cycle path and is not open to vehicular traffic.

6* BOOTHAM BAR - This is the oldest entrance to York being one of the gates to the Roman Fort. There has been an entrance here for over 2000 years.

7* YORK MINSTER - York Minster is the mother church of the Northern Province of the Church of England. It is the largest Gothic Church in England. Although the site of a much earlier church, parts of the present Minster date from the late 11th Century. Nowhere else in England can so much medieval glass be seen in one church.

When you have completed this trail please use the [Permanent Trail Entry Form](#)

The organisers are not liable for accidents, thefts and/or damage to property. Every effort will be made by the organisers to make this a safe, enjoyable and memorable event.

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