

MDW No.	WALK	DISTANCE (KM)	EVENT STAMPS	AREA
1	Lea Valley Walk	85	4	Beds/Essex/Herts/Gtr London
2	Llangollen Canal Walk	79	3	Cheshire/Wales
3	Danelaw Way	96	4	Lincs/Rutland
4	Three Lochs Way	53	2	Scotland
5	Mendip Way	79	3	Somerset
6	Solent Way	96	4	Hants
7	Cuckoo Way	74	3	Derbyshire/Notts/Yorks
8	Chesterfield Round Walk	55	2	Derbyshire
9	Hertfordshire Chain Walk	63	3	Cambs/Herts/Gtr London
10	Poole Harbour Trail	72	3	Dorset
11	Stour Valley Path (East Anglia)	96	4	Cambs/Essex/Suffolk
12	Fen Rivers Way	77	3	Cambs/Norfolk
13	Shipwrights Way	80	4	Hants
14	Worcester and Birmingham Canal Walk	50	2	Midlands/Worcestershire
15	Wokingham Way	93	4	Berks/Hants/Oxfordshire
16	Wilberforce Way	97	4	Yorks
17	Plogsland Round	76	3	Lincs/Notts
18	Three Castles Path	98	4	Berks/Hants
19	Basingstoke Canal Towpath Trail	53	2	Hants/Surrey
20	Test Way	72	3	Hants/Berks
21	Jubilee Greenway	60	3	Gtr London
22	Three Forests Way	95	4	Essex/Herts
23	Calderdale Way	80	4	Yorks
24	West Sussex Literary Trail	89	4	Sussex
25	Stour Valley Way (Dorset)	98	4	Dorset/Wilts
26	Weavers' Way	98	4	Norfolk
27	Boudicca Way	58	2	Norfolk
28	Wherryman's Way	57	2	Norfolk
29	Copper Trail	97	4	Cornwall
30	New Lipchis Way	61	3	Hants/Sussex
31	Coleridge Way	80	4	Devon/Somerset
32	White Hart Link	77	3	Dorset
33	Uttlesford Way	92	4	Essex
34	North to South Surrey Walk	69	3	Surrey/Berks
35	Fox Way	63	3	Surrey
36	Tandridge Border Path	87	4	Sussex/Gtr London/Kent/Surrey
37	Stour Valley Walk (Kent)	82	4	Kent
38	West Devon Way	57	2	Devon
39	Dartmoor Ramble	79	4	Devon
40	Bournemouth Coast Path	60	3	Dorset/Hants
41	River Teign Walk	71	3	Devon
42	Brean Down to Minehead	92	4	Somerset
43	Four Pits Walk	63	3	Kent
44	Middlesex Greenway	72	3	Essex/Herts/Gtr London/Surrey
45	Macmillan Way (Abbotsbury - Langport)	64	3	Dorset/Somerset
46	St. Peter's Way	66	3	Essex
47	Suffolk Coast Path	97	4	Suffolk
48	Stour and Orwell Walk	67	3	Suffolk
49	Sandlings Walk	92	4	Suffolk

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50	Devonshire Heartland Way	69	3	Devon
51	East Devon Way	61	3	Devon
52	Dartmoor Perambulation	80	4	Devon
53	Archangel's Way	61	3	Devon
54	Peatlands Way	80	4	Lincs/Yorks
55	Wey-South Path	58	2	Surrey/Sussex
56	Downs Link	58	2	Surrey/Sussex
58	Disused Railways of Sussex	55	2	Surrey/Sussex
59	River Parrett Trail	80	4	Dorset/Somerset
60	Itchen Way	50	2	Hants
61	Leland and Liberty Trail	96	4	Somerset/Dorset/Devon
62	1066 Country Walk	50	2	Sussex
63	Leeds Boundary Walk	97	4	Yorks
64	Nev Cole Way	93	4	Lincs
65	Gritstone Trail	55	2	Cheshire/Staffs
66	John Musgrave Heritage Trail	56	2	Devon
67	Tamar Valley Discovery Trail	50	2	Cornwall/Devon
68	Two Counties Way	90	4	Devon/Somerset
69	Exe Valley Way	84	4	Devon/Somerset
70	St. Edward's Way	51	2	Dorset
71	Black and White Village Trail	69	3	Herefordshire
72	Nidderdale Way	87	4	Yorks
73	St. Swithun's Way	55	2	Hants/Surrey
74	Telford T50	80	4	Shropshire
75	Greensand Ridge Walk	64	3	Beds/Bucks/Cambs
76	Hangers Way	34	1	Hants
77	Clarendon Way	43	2	Hants/Wilts
78	Staunton Way	34	1	Hants
79	Allan King Way	68	3	Hants
80	Midhurst Way	47	2	Surrey/Sussex
81	Cerne Valley Trail	42	2	Dorset
82	River Avon Trail	40	2	Somerset
83	Liberty Trail	45	2	Devon/Dorset/Somerset
84	Grand Western Canal	38	1	Devon/Somerset
85	Two Castles Trail	38	1	Cornwall/Devon
86	Drakes Trail	34	1	Devon
87	Northamptonshire Round	87	4	Northants
88	Watership Down Trail	39	1	Hants
89	Watercress Way	43	2	Hants
90	Cernunnos & Catherine Way	35	1	Dorset
91	Pilgrim's Trail	47	2	Hants
92	Porlock Pilgrim's Trail	47	2	Somerset
93	Miner's Way Trail	43	2	Kent
94	Wicklow Way (Short Route)	70	3	Ireland
95	Macclesfield Canal	44	2	Cheshire/Staffs
96	Tring Boundary Trail	45	2	Herts
97	Tesrod Elldod	53	2	Dorset
98	Ridge Too Far	32	1	Dorset
99	Inter-City Challenge	32	1	Dorset
100	Hardy Hobble	44	2	Dorset

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101	Purbeck Steam Package	39	1	Dorset
102	Outer Aylesbury Ring	85	4	Bucks/Herts
103	Beaminster Hills Circulars	47	2	Dorset
104	Kingfisher Way	34	1	Beds/Herts
105	Bridport to Sherborne Link (GWW)	60	3	Dorset
106	Horsham Round	45	2	Sussex
107	Grantham Canal	53	2	Leics/Lincs/Notts
108	Purbeck Way	43	2	Dorset
109	Locus Classicus	43	2	Dorset/Wilts
110	Cross Wight Traverse	43	2	Isle of Wight
111	Test & Dever Way	32	1	Hants
112	Bracknell Forest Route	42	2	Berks
113	Sussex Diamond Way	97	4	Sussex
114	Ox Drove Way	40	2	Hants
115	Sussex Ouse Valley Way	68	3	Sussex
116	Founders Footpaths	42	2	Surrey
117	Mary's Crescent Walk	76	3	Hants/Sussex
118	Triskelion Way	60	3	Isle of Man
119	Sandstone Trail	51	2	Cheshire/Shrops
120	Heritage Trail (plus extension)	40	2	Isle of Man
121	Abbots Way (Dartmoor)	37	1	Devon
122	Avon Valley Path	55	2	Dorset/Hants/Wilts
123	New River Path	45	2	Herts/Gtr London
124	Lasso Essex-Saxon Stronghold (16)	50	2	Gtr London/Essex
125	Lasso Essex-Wetland Border (14)	35	1	Gtr London/Essex/Herts
126	Lasso Essex-Sunny Sandy Strands (08)	45	2	Essex
127	Royal Military Canal Path	43	2	Sussex/Kent
128	West Dorset Enigma	30	1	Dorset
129	Grafton Way & Knightley Way	40	2	Bucks/Northants
130	East Deane Way	71	3	Somerset
131	Portland to Lulworth Cove (ECP)	31	1	Dorset
132	Chalkland Way	64	3	Yorks
133	Stevenage Outer Orbital Path (STOOP)	43	2	Herts
134	Causeway Coast Way	51	2	Ireland
135	Blackwater Valley Path	35	1	Berks/Hants/Surrey
136	North to South London Trail	55	2	Gtr London/Surrey
137	West Deane Way	72	3	Somerset
138	Dava Way	37	1	Scotland
139	Dartmoor Pilgrim	77	3	Devon
140	Channel to Channel	80	4	Devon/Somerset
141	Socratic Trail	76	3	Sussex/Gtr London/Surrey
142	Mid Sussex Link	53	2	Sussex
143	Chiltern Heritage Trail	82	4	Bucks
144	Channel Link	98	4	Dorset/Somerset
145	Wivey Way	39	1	Somerset
146	West Somerset Coast Path	40	2	Somerset
147	Quantock Greenway	60	3	Somerset
148	Mortimer Trail	48	2	Shropshire/Herefordshire
149	Peddars Way	74	3	Norfolk/Suffolk
150	Aylesbury Ring	50	2	Bucks/Herts

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151	Green Chain Walk	82	4	Gtr London
152	North Chiltern Trail	67	3	Beds/Herts
153	Avebury to Stonehenge	47	2	Wilts
154	Isaac's Tea Trail	60	3	Cumbria/Northumberland
155	Johnson Silver Lincs Way	40	2	Lincs
156	River Coln Trail	53	2	Glos
157	A Foot in Two Dales	80	4	N Yorks
158	Hanslope Circular Ride	32	1	Bucks/Northants
159	Cross Bucks Way	38	1	Beds/Bucks
160	Wold Rangers Way	69	3	E Yorks
161	Minster Way	80	4	E Yorks/N Yorks
162	1066 Country Walk plus Hastings, Bexhill and South Downs Links	81	4	E Sussex
163	Coventry Canal Walk	61	3	Staffs/Warks/W Mids
164	Sixty Mile Walk Around Wensleydale	90	4	Cumbria N Yorks
165	Viking Coastal Trail	40	2	Kent
166	Skylark Ride	32	1	Beds
167	Three Shires Way	79	3	Beds/Cambs/Northants